

# May 2025



"A Partnership Approach  
to Maximum  
Life Expression"

Sasso Family Chiropractic Center

[www.sassochiro.com](http://www.sassochiro.com)

732 - 929-3322

SUN

MON

TUE

WED

THU

FRI

SAT

*MAY you express maximum potential  
with CHIROPRACTIC!*

1

*The only  
Impossible  
journey is the  
one you never  
begin.*

2

10:00—12 noon  
3 pm—6:45 pm

3

10:00—12 noon

4

*Words may  
inspire but  
action creates  
change.*  
– Simon Sinek

5

10:00—12 noon  
3 pm—6:45 pm

6

3 pm—6 pm

7

10:00—12 noon  
3 pm—6:45 pm

8

*Yesterday's  
home runs don't  
win today's  
games.*  
– Babe Ruth

9

10:00—12 noon  
3 pm—6:45 pm

10

10:00—12 noon

11

**Happy  
Mother's  
Day!**

12

10:00—12 noon  
3 pm—6:45 pm

13

3 pm—6 pm

14

10:00—12 noon  
3 pm—6:45 pm

15

*Don't be afraid  
of being  
different, be  
afraid of being  
the same as  
everyone else.*

16

10:00—12 noon  
3 pm—6:30pm

**CLOSING  
EARLY**

17

10:00—12 noon

18

*Control your  
emotions or  
they will control  
you.*

19

10:00—12 noon  
3 pm—6:45 pm

20

3 pm—6 pm

21

10:00—12 noon  
3 pm—6:45 pm

22

*Interrupt anxiety  
with gratitude.*

23

**OFFICE  
CLOSED**  
Sofia  
Graduates!

24

10:00—12 noon  
with Dr. Mark  
Messano covering

25 *Be kind.*

*Everyone you  
meet is fighting  
a battle you  
know nothing  
about.*

26

**OFFICE  
CLOSED**  
**Memorial Day**

27

3 pm—6 pm

28

10:00—12 noon  
3 pm—6:45 pm

29 *Worrying*

*does not take  
away  
tomorrow's  
troubles, it takes  
away today's  
peace.*

30

10:00—12 noon  
3 pm—6:45 pm

31

9:00 –11:00AM

**Earlier  
hours**